

SPORTS MEDICINE IS A TEAM EFFORT! WE ALL HAVE A ROLE!

IN THE BLEACHERS

BY STEVE MOORE



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ATHLETIC TRAINERS CAN FIX ANYTHING WITH TAPE!

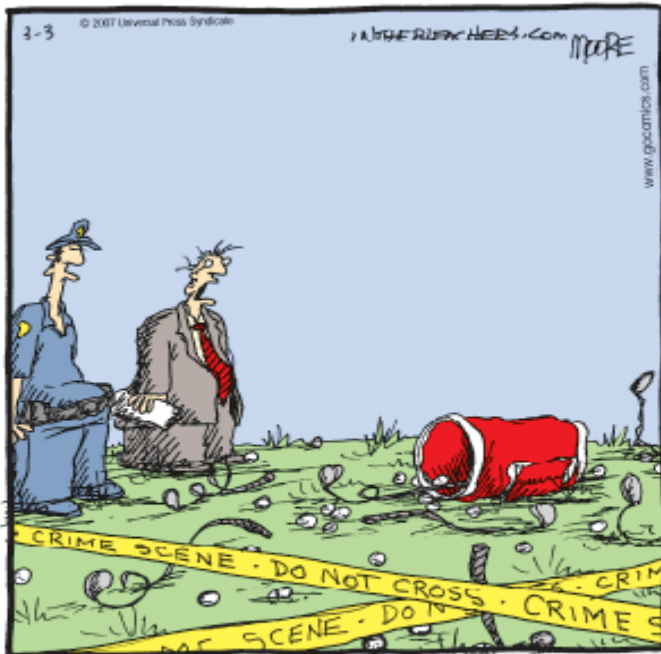


"OK, there's some duct tape. Are you happy now, Mr. Prima Donna? ... So just get us out of this inning, and then we'll talk about surgery to repair the torn tendon in your elbow."



"We tape up sore ankles. We tape up sore wrists. We even tape up sore elbows. We do not, however, tape up sore throats."

**AN ATHLETE'S PSYCHE IS VERY FRAGILE!
THIS IS WHY WE HAVE COUNSELORS!**

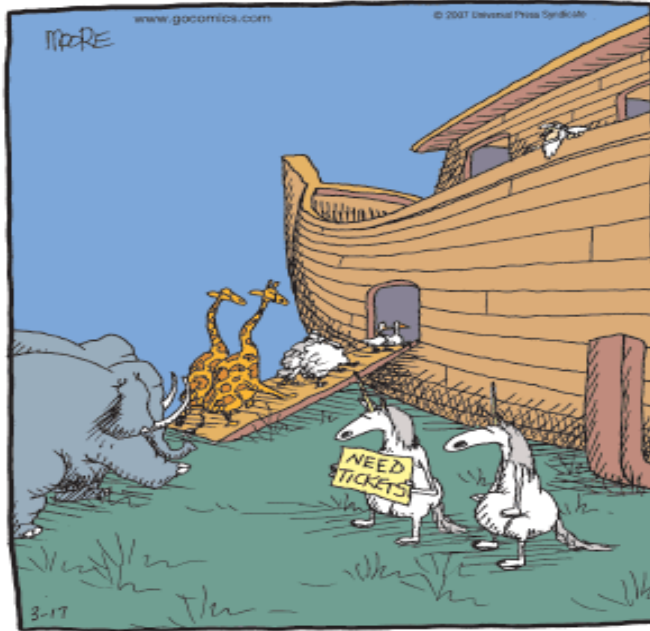


"If this was a random act, there'd be two or three bent golf clubs. But an entire set? No, whoever did this was filled with premeditated rage."

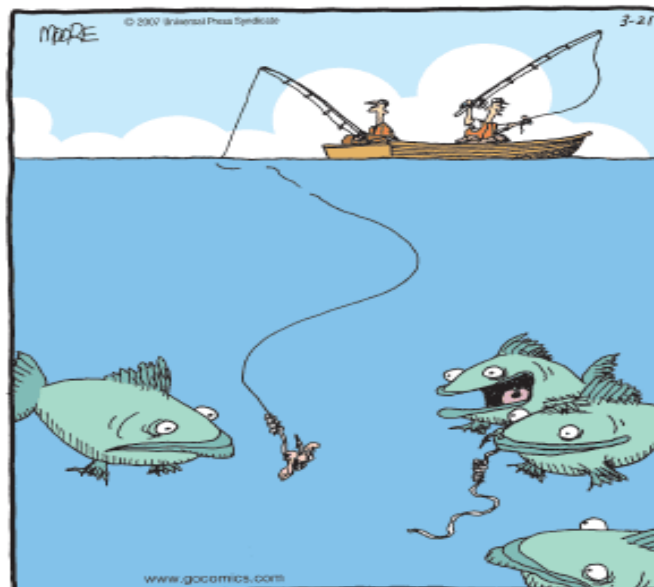


"Usually, with most athletes, the knees are the first to go. But in rare cases, it's the nose."

**REASON #7 TO BE AN ATHLETIC TRAINER:
FREE ADMISSION TO ALL GAMES/EVENTS**



**REASON #12 TO BE AN ATHLETIC TRAINER:
YOU ARE PART OF THE TEAM**

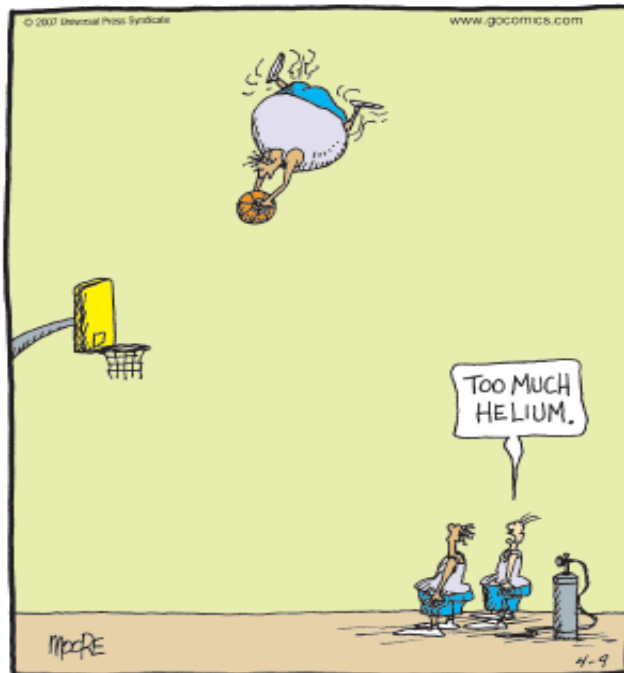


**"Welcome to the frat, Todd! ... OK, Bob.
Your turn. If you want to be a member,
you've got to let him get you riiiiight up to
the net before you snap the line."**

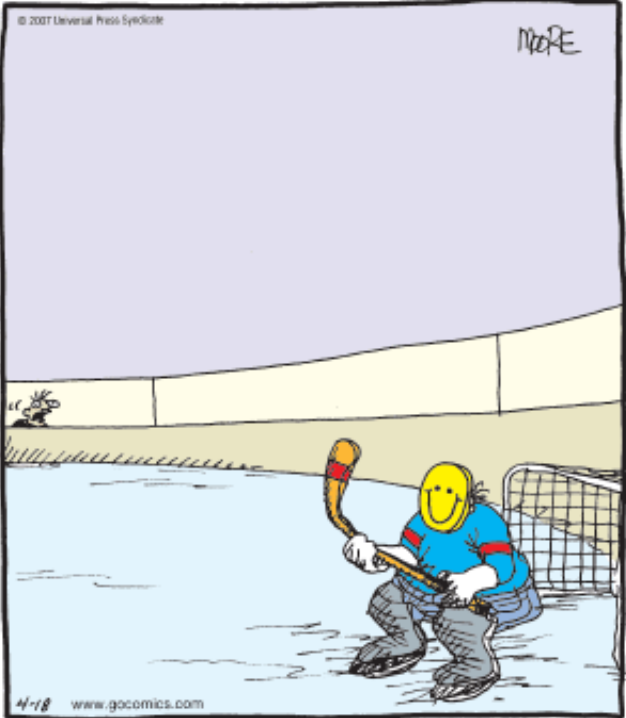
**CONDITIONING GIVES THE ATHLETE ...
HIS 2ND WIND**



A BOOST IN THE 4TH QUARTER



IF AN ATHLETE THINKS HE LOOKS GOOD, THEN HE WILL PLAY GOOD!

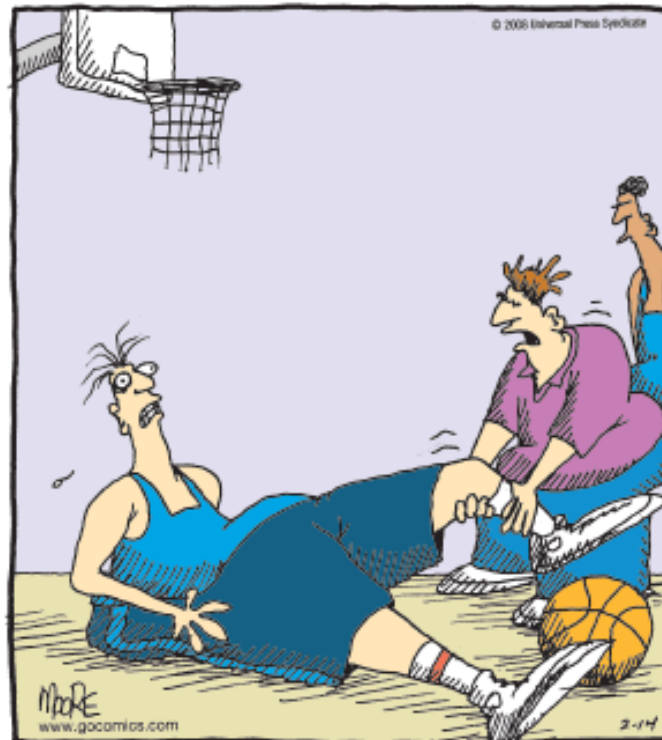


"Last warning, Girard! Get rid of that mask!"

ATHLETES CANNOT SUCCEED WITHOUT TEAMWORK!

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"Does it hurt the team's chances of winning a championship when I move your leg like this?"

EDUCATING ATHLETES WILL PREVENT INJURIES!

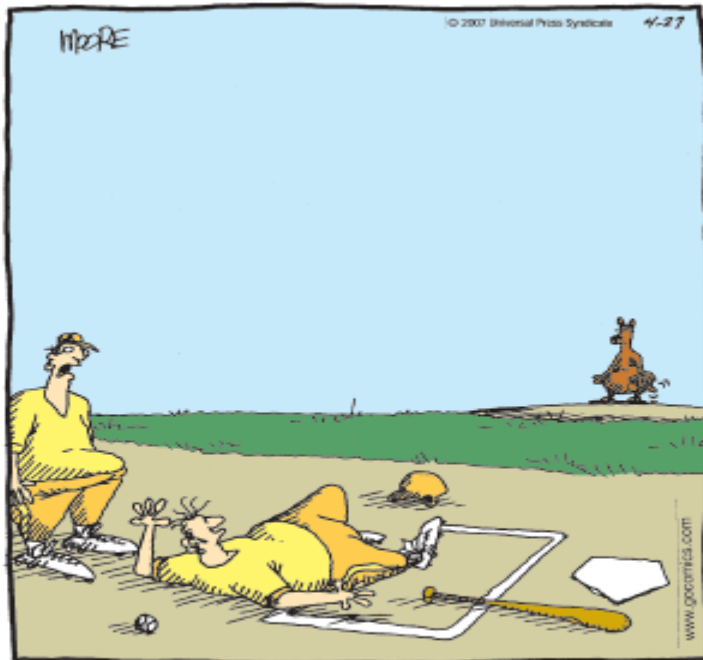


"Oh, man, it's way down there. ... OK, let this be a lesson. When you hear 'Heads up,' that means duck your head. Do not look up -- especially with your mouth open."



"Everyone, this is Dan. He is our new power forward. Dan needs time to adjust to a new team, so remember: Speak softly. Don't make sudden movements. Avoid eye contact. And if he attacks, roll into a fetal position and protect your head."

2 TIMOTHY 1:7, "FOR GOD HAS NOT GIVEN US A SPIRIT OF FEAR,
BUT OF POWER AND LOVE AND DISCIPLINE."



"I warned you, Stan. Don't show any fear. If that pitcher senses fear, he'll bean you every time."



"Well, I believe I've identified the cause of your batting slump. You are a 'beanophobic,' Mr. Moore. You have a morbid fear of the ball."

PHILIPPIANS 2:14, "DO ALL THINGS WITHOUT ARGUEING OR COMPLAINING."

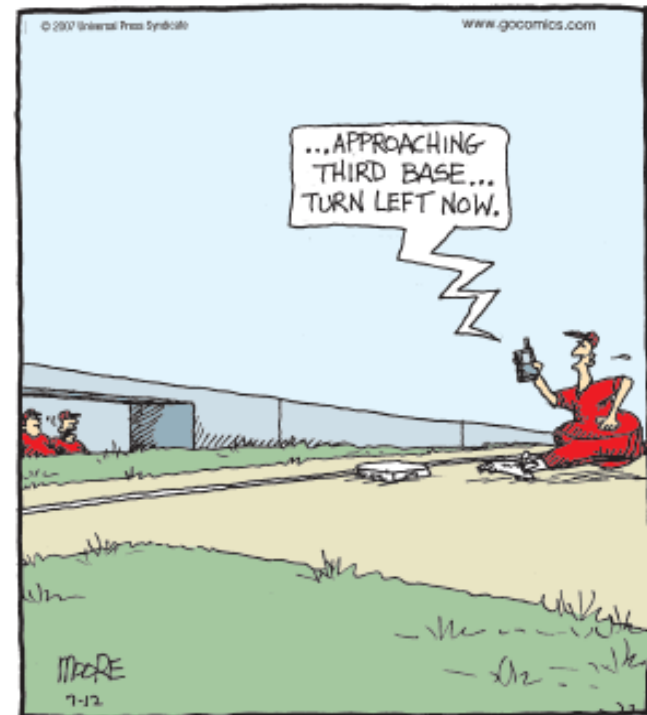


"It's not like I didn't warn Tony. You push the ump too far and bad things happen. I mean -- hey -- that's baseball."



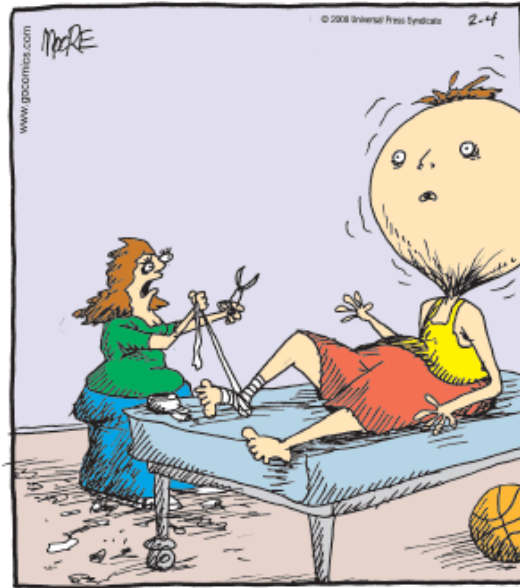
"It's probably nothing."

GOOD COMMUNICATION IS EXTREMELY IMPORTANT!



"Yeah, navigation devices are cool. But I kind of miss having an actual flesh-and-blood third-base coach."

**QUOTES FROM AN ATHLETIC TRAINER!
"DON'T WORRY, IT WILL LOOSEN UP WHEN YOU
START PLAYING."**



"Too tight?"

**"I TOLD HIM YESTERDAY I WAS OUT OF PREWRAP
AND THAT HE BETTER SHAVE HIS ANKLE!"**



**"Yeah, he seems to be playing pretty well on
the sprained ankle. But I want to be miles
away when the athletic trainer peels that
tape off his hairy leg."**

MOTIVATION AND CONFIDENCE IN ATHLETICS

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