Gymnastics General Information Letter

**Eligibility**

* Must be a student enrolled at Dutchtown Middle School (8th Grade), Dutchtown High School, or Impact Academy with Dutchtown High School as your home school.
* Must have passed at least 2.5 classes (3 out of 4 classes) last semester. (Middle School students must pass at least 6 out of 7)
* Transfer Students (10th-12th Grade Only)—Must complete transfer form to determine eligibility if you have NOT been enrolled for a full academic year.
* DragonFly Max ( <https://www.dragonflymax.com/> ): All important documents must be submitted prior to trying out. If you have participated in another sport this school year, you should already have an account.

**Practice Schedule**

* Practices are held Monday and Wednesday from 5:30PM to 7:00PM at the Academy for Advanced Studies.
* These facilities are shared with all Henry County high schools, which means we are bound to this time frame.
* Transportation can be provided OR you may choose to use your own transportation.

**Meet Schedule**

* The following dates are the scheduled meets for the 2021-2022 Season:

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| --- | --- | --- |
| 3/11/21(Friday) | 6:00 PM | **Locust Grove/Academy of Advanced Studies, McDonough, GA** |
| 3/23/21(Wednesday) | 6:00 PM | **Westminster School/ 1424 W Paces Ferry Rd, Atlanta, Ga. 30327** |
| 3/25/21(Friday) | 6:00 PM | **Central High/Carroll Co Rec Dept, 1201 Newnan RoadCarrollton 30116** |
| 3/31/21(Friday) | 6:00 PM | **HCS Championship/Academy of Advanced Studies, McDonough, GA** |

**Anticipated Fees (Finalized Schedule Will Be Provided After Tryouts)**

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| --- | --- |
| Item | Cost |
| Henry County Athletic Fee | $40.00 |
| Competition Leotard | $80-$120 |
| Warm-Up Top (1/4 Zip)  | $35.00 |
| Warm-Up Bottom (Yoga Pants) | $22.00 |

**Tryouts**

* Tryouts will be hosted Wednesday, January 19, 2022 from 5:30-7:00p at the Academy of Advanced Studies.
* Attire: Athletic Wear. Please avoid wearing baggy sweatpants or hoodies. Athletic tights or shorts are preferred. All jewelry should also be removed. Hair should be pulled back and secured.
* Support Accessories: Knee/ankle braces, gloves (for uneven bars), etc. Please bring your own sweat towel and bottled water. Masks must also be worn when not actively participating.
* Athletes will be asked to demonstrate their highest level of tumbling and dance technique based upon their application. Athletes will only use equipment with which they have stated experience.
* List of athletes who make the team will be listed online.