

# Herny County Elementary Schools Menus for August 2022



This institution is an equal opportunity provider.  
Menus are subject to change.

## Available Daily

### Breakfast (in blue):

Assorted Cereal  
100% Fruit Juice  
Choice of Low Fat Milk

### Lunch:

Choice of Low Fat Milk

\*Pork products listed in pink.



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## Featured Specials of the Day

### Wednesday, August 3

#### Sausage Biscuit, Assorted Cereal

1.Chicken Sandwich, 2.Deli Turkey Sandwich,  
Seasoned Fries, Glazed Carrots,  
Sliced Peaches

### Thursday, August 4

#### Breakfast Bun, Frosted Breakfast Pastry,

1.Chicken Nuggets w/ Roll, 2.PBJ/Wow Sandwich w/  
Chips, Steamed Broccoli, Mashed Potatoes,  
Frozen Juice Cup

### Friday, August 5

#### Chicken Biscuit, Assorted Cereal,

1.Stuffed Crust Pizza, 2.Corn Dog,  
Whole Kernel Corn, California Blend,  
100% Fruit Juice

## Featured Specials of the Day

### Monday, August 8

#### Blueberry Mini Pancakes, Assorted Cereal,

1.Max Snax Tacos w/ Salsa, 2.PBJ/Wow Sandwich w/  
Chips, Black Beans, Carrot Sticks w/ Ranch,  
Pineapple Tidbits

### Tuesday, August 9

#### WG Muffin w/ Yogurt, Assorted Cereal,

1.Cheeseburger, 2.Deli Turkey Sandwich, Potato Tots,  
Celery Sticks w/ Ranch, Mandarin Oranges

### Wednesday, August 10

#### Sausage Biscuit, Frosted Breakfast Pastry,

1.Popcorn Chicken w/ Roll, 2. PBJ/Wow Sandwich w/  
Chips, Steamed Broccoli, Mashed Potatoes, Fresh  
Peach

### Thursday, August 11

#### Manager's Choice, Assorted Cereal,

1.Spaghetti w/ Garlic Toast, 2.Deli Turkey Sandwich  
w/Chips, Carrot Sticks w/ Ranch, Green Beans,  
Frozen Juice Cup

### Friday, August 12

Chicken Biscuit, Assorted Cereal, 1.Stuffed Crust Pizza,  
2.PBJ/Wow Sandwich w/ Chips, Whole Kernel Corn,  
Garden Salad w/ Ranch, 100%Fruit Juice

School Meal Prices	School Breakfast	School Lunch
Students Grades K-5	\$1.25	\$2.50
Students Grades 6-12	\$1.25	\$2.60
Student Reduced- Priced Meals	\$0.30	\$0.40
Student Second Meals	\$2.25	\$3.50
MILK ONLY	\$0.50	\$0.50
Adult Meals	\$2.25	\$3.50

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FOR FREE OR REDUCED PRICE  
SCHOOL MEALS!**

**School Meals Rock!**



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[SCHOOLWIRES.HENRY.K12.GA.US/PAGE/11049](http://SCHOOLWIRES.HENRY.K12.GA.US/PAGE/11049)

## Featured Specials of the Day

**Monday, August 15**

Strawberry Mini Pancakes, Assorted Cereal,

1.BBQ Sandwich, 2.Hot Dog, Carrot Sticks w/ Ranch,  
Baked Beans, Pineapple Tidbits

**Tuesday, August 16**

WG Muffin w/ Yogurt, Mini Bagels w/ Cream Cheese,

1.Chicken Sandwich, 2.Deli Turkey Sandwich, 3.Garden  
Salad w/ Chicken, Seasoned Fries, Carrot Sticks w/  
Ranch, Sliced Pears

**Wednesday, August 17**

Sausage Biscuit, Assorted Cereal,

1.Chicken Nuggets w/ Roll, 2.PBJ/Wow Sandwich  
w/ Chips, Steamed Broccoli, Mashed Potatoes,  
Fresh Apple

**Thursday, August 18**

Blueberry Pancake Stick, Breakfast Bun

1.Beefy Nachos, 2.PBJ/Wow Sandwich w/ Chips, Black  
Beans, Salsa, Carrot Sticks w/ Ranch, Frozen Juice Cup

**Friday, August 19**

Chicken Biscuit, Assorted Cereal,

1.Stuffed Crust Pizza, 2.PBJ/Wow Sandwich w/ Chips,  
Whole Kernel Corn, Garden Salad w/ Ranch, 100% Juice

**EAT BETTER. PLAY HARDER.  
LIVE HEALTHIER. LEARN EASIER.**

**WELLNESS IS A WAY OF LIFE!**

## Featured Specials of the Day

**Monday, August 22**

Blueberry Mini Pancakes, Assorted Cereal,

1.Max Snax Tacos w/ Salsa, 2.PBJ/Wow Sandwich w/  
Chips, Black Beans, Carrot Sticks w/ Ranch,  
Pineapple Tidbits

**Tuesday, August 23**

WG Muffin w/ Yogurt, Breakfast Frudel

1.Corn Dog, 2.Deli Turkey Sandwich, 3.Garden Salad  
w/ Chicken, Potato Tots, Celery Sticks w/ Ranch,  
Mandarin Oranges

**Wednesday, August 24**

Sausage Biscuit, Frosted Breakfast Pastry,

1.Popcorn Chicken w/ Roll, 2.PBJ/Wow Sandwich  
w/ Chips, Steamed Broccoli, Mashed Potatoes,  
Fresh Peach

**Thursday, August 25**

Manager's Choice, Assorted Cereal,

1.Orange Chicken & Rice, 2.Deli Turkey  
Sandwich w/ Chips, Carrot Sticks w/ Ranch,  
Sweet Peas, Frozen Juice Cup

**Friday, August 26**

Chicken Biscuit, Assorted Cereal,

1.Stuffed Crust Pizza, 2 PBJ/Wow Sandwich w/ Chips,  
Whole Kernel Corn, Garden Salad w/ Ranch,  
100% Fruit Juice

## Featured Specials of the Day

**Monday, August 29**

Strawberry Mini Pancakes, Assorted Cereal,

1.BBQ Sandwich, 2.Hot Dog, Carrot Sticks w/ Ranch,  
Baked Beans, Pineapple Tidbits

**Tuesday, August 30**

WG Muffin w/ Yogurt, Mini Bagels w/ Cream Cheese,

1.Cheeseburger, 2.Deli Turkey Sandwich, Garden  
Salad w/ Chicken, Seasoned Fries, Carrot Sticks w/  
Ranch, Sliced Peaches

**Wednesday, August 31**

Sausage Biscuit, Assorted Cereal,

1.Chicken Nuggets w/ Roll, 2.PBJ/Wow Sandwich  
w/ Chips, Steamed Broccoli, Mashed Potatoes,  
Fresh Apple

## LOCAL HARVEST OF THE MONTH

**FRUIT**  
**Peaches**



Juicy summer peaches are sweet enough to eat for dessert, but they're low in calories and fat. Plus peaches are high in vitamin C, fiber, vitamin A, niacin, potassium, and "phytochemicals," which promote healthy skin.

**OF THE MONTH**

**DON'T 4GET!**

Take at least **ONE**

**FRUIT** or  
**VEGGIE**

and at least **THREE**

Items total so your meal  
counts as a complete lunch!