

# Menus for November 2022



**Henry County  
Elementary Schools**

This institution is an equal opportunity provider.  
Menus are subject to change.



Join us for our  
**Thanksgiving  
Feast**

**Thursday,  
November 10th**



## Featured Specials of the Day

### Tuesday, November 1

**WG Muffin w/ Yogurt, Breakfast Bun,**  
1. Cheeseburger, 2. Deli Turkey Sandwich,  
3. Garden Salad w/ Chicken, Seasoned Fries,  
Carrot Sticks w/ Ranch, Sliced Pears

### Wednesday, November 2

**Sausage Biscuit, Assorted Cereal,**  
1. Chicken Nuggets w/ Roll, 2. PBJ/Wow Sandwich w/ Chips,  
Steamed Broccoli, Mashed Potatoes, Fresh Apple

### Thursday, November 3

**Breakfast Pizza, Assorted Cereal,**  
1. Fiesta Chicken & Rice, 2. PBJ/Wow Sandwich  
w/ Chips, Carrot Sticks w/ Ranch, Sweet Peas,  
Frozen Juice Cup

### Friday, November 4

**Chicken Biscuit, Assorted Cereal,** 1. Stuffed Crust Pizza,  
2. PBJ/Wow Sandwich w/ Chips, Whole Kernel Corn,  
Garden Salad w/ Ranch, 100% Fruit Juice

## Available Daily

### Breakfast (in blue):

Assorted Cereal  
100% Fruit Juice  
Choice of Low Fat Milk

### Lunch:

Choice of Low Fat Milk

\*Pork products listed in pink.

**Still the Best Deal in Town!**  
BREAKFAST: \$1.25 LUNCH: \$2.50

## Featured Specials of the Day



### Monday, November 7

**Blueberry Mini Pancakes,  
Assorted Cereal,**  
1. Crisпитos w/ Salsa, 2. PBJ/Wow Sandwich w/ Chips,  
Black Beans, Cucumber Salad, Pineapple Tidbits

### Tuesday, November 8

**No School, Professional Learning Day**

### Wednesday, November 9

**Sausage Biscuit, Frosted Breakfast Pastry,**  
1. Popcorn Chicken w/ Roll, 2. PBJ/Wow Sandwich  
w/ Chips, Steamed Broccoli, Scalloped Potatoes,  
Fresh Apple

### Thursday, November 10

**WG Muffin w/ Yogurt, Breakfast Bun**  
1. Turkey & Dressing, 2. PBJ/Wow Sandwich  
w/ Chips, Green Beans, Sweet Potatoes,  
Cranberry Sauce, Fruit Cocktail

### Friday, November 11

**Chicken Biscuit, Assorted Cereal,** 1. Stuffed Crust Pizza,  
2. PBJ/Wow Sandwich w/ Chips, Whole Kernel Corn,  
Garden Salad w/ Ranch, 100% Fruit Juice

**DON'T GET!**  
Take at least **ONE**  
**FRUIT** or  
**VEGGIE**  
and at least **THREE**  
items total so your meal  
counts as a complete lunch!



## Featured Specials of the Day

### Monday, November 14

Strawberry Mini Pancakes, Cheese Grits w/ Toast, Assorted Cereal, 1. BBQ Sandwich, 2. Hot Dog, Coleslaw, Baked Beans, Pineapple Tidbits

### Tuesday, November 15

WG Muffin w/ Yogurt, Breakfast Bun,

1. Beefy Nachos, 2. PBJ/Wow Sandwich w/ Chips, 3. Garden Salad w/ Chicken, Pinto Beans, Salsa, Carrot Sticks w/ Ranch, Fresh Apple

### Wednesday, November 16

Sausage Biscuit, Assorted Cereal,

1. Chicken Nuggets w/ Roll, 2. PBJ/Wow Sandwich w/ Chips, Steamed Broccoli, Mashed Potatoes, Sliced Peaches

### Thursday, November 17

Blueberry Pancake Stick, Breakfast Frudel,

1. Chicken Noodle Soup w/ Toasted Cheese Sandwich, 2. PBJ/Wow Sandwich w/ Chips, Green Beans, Carrot Sticks w/ Ranch, Frozen Juice Cup

### Friday, November 18

Chicken Biscuit, Assorted Cereal, 1. Stuffed Crust Pizza, 2. PBJ/Wow Sandwich w/ Chips, Whole Kernel Corn, Garden Salad w/ Ranch, 100% Fruit Juice

# Thanksgiving

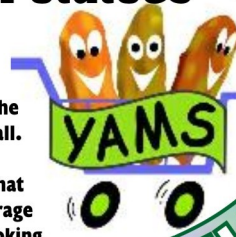
ENJOY YOUR  
HOLIDAY WEEK!  
SEE YOU MONDAY!

## HARVEST OF THE MONTH:

# VEGETABLE

## Sweet Potatoes

Often called "yams" (although they're not really the same thing), sweet potatoes are among the most nutritious veggies of all. They have a natural, delightful sweetness that increases with storage and with cooking.



# OF THE MONTH

## Featured Specials of the Day

### Monday, November 28

Blueberry Mini Pancakes, Assorted Cereal, 1. Crisritos w/ Salsa, 2. PBJ/Wow Sandwich w/ Chips, Black Beans, Cucumber Salad, Pineapple Tidbits

### Tuesday, November 29

WG Muffin w/ Yogurt, Mini Bagels w/ Cream Cheese,

1. Chicken Sandwich, 2. Deli Turkey Sandwich, 3. Garden Salad w/ Chicken, Potato Tots, Carrot Sticks w/ Ranch, Sliced Pears

### Wednesday, November 30

Sausage Biscuit, Frosted Breakfast Pastry,

1. Popcorn Chicken w/ Roll, 2. PBJ/Wow Sandwich w/ Chips, Steamed Broccoli, Scalloped Potatoes, Fresh Apple

### Thursday, December 1

Breakfast Pizza, Assorted Cereal,

1. Taco Soup w/ Tortilla Chips, 2. Corn Dog Sweet Potato Fries, Carrot Sticks w/ Ranch, Frozen Juice Cup

### Friday, December 2

Chicken Biscuit, Assorted Cereal, 1. Stuffed Crust Pizza, 2. PBJ/Wow Sandwich w/ Chips, Whole Kernel Corn, Garden Salad w/ Ranch, 100% Fruit Juice

School Meal Prices	School Breakfast	School Lunch
Students Grades K-5	\$1.25	\$2.50
Students Grades 6-12	\$1.25	\$2.60
Student Reduced-Priced Meals	\$0.30	\$0.40
Student Second Meals	\$2.25	\$3.50
MILK ONLY	\$0.50	\$0.50
Adult Meals	\$2.25	\$3.50