

# Menus for MAY 2023

Henry  
County  
High  
Schools

This institution is an equal  
opportunity provider.  
Menus are subject to change.



## Available Daily

### Breakfast (in blue):

Assorted Cereal  
Fresh Apples & Oranges  
100% Fruit Juice  
Choice of Low Fat Milk

### Lunch:

Fresh Apples & Oranges  
Stuffed Crust Pizza  
Chicken Wrap  
Choice of Low Fat Milk

\*Pork products listed in **pink**.



School Meal Prices	School Breakfast	School Lunch
Students Grades K-5	\$1.25	\$2.50
Students Grades 6-12	\$1.25	\$2.60
Student Reduced- Priced Meals	\$0.30	\$0.40
Student Second Meals	\$2.25	\$3.50
MILK ONLY	\$0.50	\$0.50
Adult Meals	\$2.25	\$3.50

## Featured Specials of the Day

### Monday, May 1

Strawberry Mini Pancakes, Cheese grits w/  
Toast, Assorted Cereal, Crisпитos, MaxSnax Tacos,  
PBJ/Wow Sandwich w/ Chips, Salsa, Black Beans,  
Carrot Sticks w/ Ranch, Orange Slices

### Tuesday, May 2

WG Muffin w/ Yogurt, Frosted Breakfast Pastry,  
Cheeseburger, Garden Salad w/ Chicken,  
Deli Turkey Sandwich, Seasoned Fries,  
Garden Salad w/ Ranch, Fresh Pear

### Wednesday, May 3

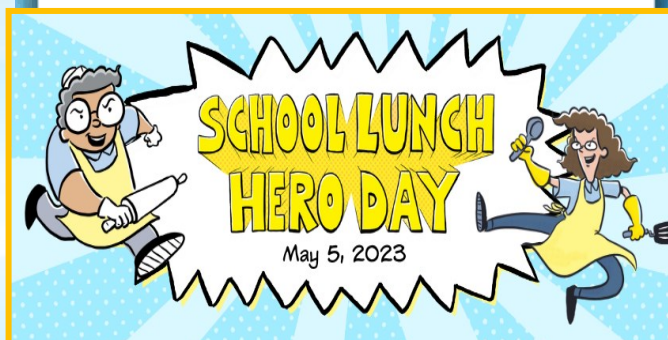
Sausage Biscuit, Assorted Cereal,  
Chicken Nuggets w/ Roll, PBJ/Wow Sandwich w/ Chips,  
Steamed Broccoli, Mashed Potatoes, Apple Slices

### Thursday, May 4

Breakfast Pizza, Breakfast Frudel,  
Chicken & Waffles, PBJ/Wow Sandwich w/ Chips,  
Celery Sticks w/ Ranch, Sweet Potato Fries  
Frozen Juice Cup

### Friday, May 5

Chicken Biscuit, Assorted Cereal,  
Stuffed Crust Pizza, Chicken Sandwich,  
PBJ/Wow Sandwich w/ Chips, Whole Kernel Corn,  
Garden Salad w/ Ranch, 100% Juice



## DON'T 4 GET!

To make a lunch, choose at least one



Henry County Schools

# CINCO de MAYO

Cinco de Mayo (Spanish for "May Fifth") is a time to  
celebrate Mexican-American food and culture in the  
U.S. It's a much bigger deal here than it is in Mexico!

## Featured Specials of the Day

### Monday, May 8

Blueberry Mini Pancakes, Assorted Cereal,  
BBQ Sandwich, Mini Corn Dogs, Carrot Sticks  
w/ Ranch, Baked Beans, Orange Slices

### Tuesday, May 9

WG Muffin w/ Yogurt, Breakfast Bun,  
Chicken Sandwich, Deli Turkey Sandwich,  
Garden Salad w/ Chicken, Potato Tots,  
Garden Salad w/ Ranch, Watermelon Chunks

### Wednesday, May 10

Sausage Biscuit, Assorted Cereal,  
Popcorn Chicken w/ Roll, PBJ/Wow Sandwich  
w/ Chips, Steamed Broccoli, Baked Potato, Apple Slices

### Thursday, May 11

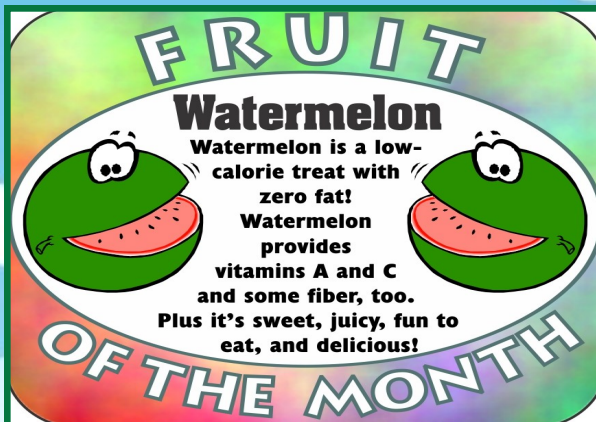
Blueberry Pancake Stick, Mini Bagels w/ Cream  
Cheese, Orange Chicken & Rice, PBJ/Wow Sandwich  
w/ Chips, Carrot Sticks w/ Ranch, Green Peas, Strawberries

### Friday, May 12

Chicken Biscuit, Assorted Cereal,  
Stuffed Crust Pizza, Corn Dog, PBJ/Wow Sandwich w/ Chips,  
Whole Kernel Corn, Garden Salad w/ Ranch, 100% Juice

See daily options in "Available Daily" section on front page

**Mother's Day is Sunday, May 14**  
**Don't forget Mom!**



## Featured Specials of the Day

### Monday, May 15

Strawberry Mini Pancakes, Cheese grits w/  
Toast, Assorted Cereal, Crisпитos, MaxSnax Tacos,  
PBJ/Wow Sandwich w/ Chips, Salsa, Black Beans,  
Carrot Sticks w/ Ranch, Apple Slices

### Tuesday, May 16

WG Muffin w/ Yogurt, Breakfast Frudel,  
Cheeseburger, Garden Salad w/ Chicken,  
Deli Turkey Sandwich, Seasoned Fries,  
Garden Salad w/ Ranch, Tangerine

### Wednesday, May 17

Sausage Biscuit, Assorted Cereal,  
Chicken Nuggets w/ Roll, PBJ/Wow Sandwich w/ Chips,  
Steamed Broccoli, Mashed Potatoes, Apple Slices

### Thursday, May 18

Breakfast Pizza, Frosted Breakfast Pastry,  
Beefy Nachos w/ Salsa, PBJ/Wow Sandwich w/ Chips, Carrot  
Sticks w/ Ranch, Pinto Beans, Frozen Juice Cup

### Friday, May 19

Chicken Biscuit, Assorted Cereal,  
Stuffed Crust Pizza, Chicken Sandwich,  
PBJ/Wow Sandwich w/ Chips, Whole Kernel Corn,  
Garden Salad w/ Ranch, 100% Juice

## Featured Specials of the Day

### Monday, May 22

\*Manager's Choice  
Breakfast & Lunch Options

### Tuesday, May 23

\*Manager's Choice  
Breakfast & Lunch Options

### Wednesday, May 24

\*Manager's Choice  
Breakfast & Lunch Options

### Thursday, May 25

\*Manager's Choice  
Breakfast & Lunch Options

### Friday, May 26-Half Day

\*Manager's Choice  
Breakfast & Lunch Options

\*Contact your school's nutrition manager for the  
manager's choice options for the day



**Congratulations**  
and best of luck to  
all members of the  
Class of 2023.

We'll look forward to  
serving the rest of you  
again next fall. Thanks for  
your business this year!