

## **Articles on Child and Adolescent Mental Health**

### **Anxiety Disorders**

Generalized Anxiety Disorder

[http://www2.massgeneral.org/schoolpsychiatry/info\\_anxiety.asp](http://www2.massgeneral.org/schoolpsychiatry/info_anxiety.asp)

Obsessive Compulsive Disorder

<http://www2.massgeneral.org/schoolpsychiatry/info OCD.asp>

Separation Anxiety Disorder

[http://www2.massgeneral.org/schoolpsychiatry/info\\_separationanxiety.asp](http://www2.massgeneral.org/schoolpsychiatry/info_separationanxiety.asp)

Post-Traumatic Stress Disorder

<http://www.ucsfcmc.com/2007/MPS08003/3-PTSDinChildren-Ponton.pdf>

[http://www.aacap.org/cs/root/facts\\_for\\_families/posttraumatic\\_stress\\_disorder\\_ptsd](http://www.aacap.org/cs/root/facts_for_families/posttraumatic_stress_disorder_ptsd)

Panic Disorder

[http://www2.massgeneral.org/schoolpsychiatry/info\\_panicdisorder.asp](http://www2.massgeneral.org/schoolpsychiatry/info_panicdisorder.asp)

### **Mood Disorders**

Depression

<http://www.aafp.org/afp/2007/0101/p73.html?printable=afp>

<http://health.usnews.com/health-news/family-health/articles/2009/11/12/what-science-is-discovering-about-exercise-and-depression>

<http://www.parentsmedguide.org/parentsmedguide.htm>

<http://www.thebalancedmind.org/>

Dysthymia (Persistent Depressive Disorder)

<http://www.childmind.org/en/health/disorder-guide/dysthymic-disorder>

Bi-Polar Disorder

[http://www2.massgeneral.org/schoolpsychiatry/info\\_bipolar.asp](http://www2.massgeneral.org/schoolpsychiatry/info_bipolar.asp)

<http://www.parentsmedguide.org/bipolarmedicationguide.pdf>

<http://www.thebalancedmind.org/learn/library/frequently-asked-questions-about-bipolar-disorder>

### **ADHD**

<http://www.nimh.nih.gov/health/publications/attention-deficit-hyperactivity-disorder/complete-index.shtml>

[http://www.parentsmedguide.org/pmg\\_adhd.html](http://www.parentsmedguide.org/pmg_adhd.html)

### **Autism Spectrum Disorders**

[http://www2.massgeneral.org/schoolpsychiatry/info\\_autism.asp](http://www2.massgeneral.org/schoolpsychiatry/info_autism.asp)

Asperger's Syndrome

<http://kidshealth.org/parent/medical/brain/asperger.html>

### **Child Abuse**

[http://www.helpguide.org/mental/child\\_abuse\\_physical\\_emotional\\_sexual\\_neglect.htm](http://www.helpguide.org/mental/child_abuse_physical_emotional_sexual_neglect.htm)

Sexual Abuse

[http://www.aacap.org/AACAP/Families\\_and\\_Youth/Facts\\_for\\_Families/Facts\\_for\\_Families\\_Pages/Child\\_Sexual\\_Abuse\\_09.aspx](http://www.aacap.org/AACAP/Families_and_Youth/Facts_for_Families/Facts_for_Families_Pages/Child_Sexual_Abuse_09.aspx)

Physical Abuse

[http://pediatrics.about.com/od/childabuse/a/05\\_physcl\\_abuse.htm](http://pediatrics.about.com/od/childabuse/a/05_physcl_abuse.htm)

Neglect

<http://www.healthyplace.com/abuse/child-neglect/types-child-neglect/>

### **Eating Disorders**

<http://www.nimh.nih.gov/health/publications/eating-disorders/complete-index.shtml>

[http://www.something-fishy.org/whatarethey/eating\\_disorders.php](http://www.something-fishy.org/whatarethey/eating_disorders.php)

<http://www.something-fishy.org/isf/mentalhealth.php>

### **Conduct Disorder and Oppositional Defiant Disorder**

Conduct Disorder

<http://www.schoolmentalhealth.org/Resources/Educ/MACMH/Conduct.pdf>

<http://www.aafp.org/afp/2001/0415/p1579.html>

Oppositional Defiant Disorder

<http://www.schoolmentalhealth.org/Resources/Educ/MACMH/ODD.pdf>

<http://www.aafp.org/afp/2008/1001/p861.html>

### **Genetic Disorders**

Angelman's Syndrome

<http://www.angelman.org/understanding-as/>

Intellectual Disabilities

[http://www.merckmanuals.com/home/childrens\\_health\\_issues/learning\\_and\\_developmental\\_disorders/intellectual\\_disability.html?qt=&sc=&alt=](http://www.merckmanuals.com/home/childrens_health_issues/learning_and_developmental_disorders/intellectual_disability.html?qt=&sc=&alt=)

William's Syndrome

<http://williams-syndrome.org/what-is-williams-syndrome>

Down Syndrome

[http://nads.org/pages\\_new/facts.html](http://nads.org/pages_new/facts.html)

Prader-Willi Syndrome

<http://www.pwsausa.org/>

## **Substance Abuse**

Marijuana

<http://www.drugabuse.gov/publications/topics-in-brief/marijuana>

Methamphetamine

<http://www.drugabuse.gov/publications/drugfacts/methamphetamine>

Mental Illness and Addiction

[http://www.nami.org/Content/NavigationMenu/Inform\\_Yourself/About\\_Mental\\_Illness/By\\_Illness/Dual\\_Diagnosis\\_Substance\\_Abuse\\_and\\_Mental\\_Illness.htm](http://www.nami.org/Content/NavigationMenu/Inform_Yourself/About_Mental_Illness/By_Illness/Dual_Diagnosis_Substance_Abuse_and_Mental_Illness.htm)

Prescription Drug Abuse

<http://www.drugabuse.gov/publications/topics-in-brief/prescription-drug-abuse>

Club Drugs

<http://www.drugabuse.gov/drugs-abuse/club-drugs>

## **Sleep Disorders**

<http://www.cnn.com/2011/HEALTH/05/16/big.kid.sleep.problems.parenting/index.html?hpt=C2>

Restless Leg Syndrome

<http://www.rls.org/about-wed-rls>

Narcolepsy

<http://www.webmd.com/sleep-disorders/guide/narcolepsy>

Obstructive Sleep Apnea

<http://www.mayoclinic.com/health/obstructive-sleep-apnea/MM00715>

Sleep Disorders and Mental Illness

<http://www.healthyplace.com/other-info/sleep-disorders/sleep-disorders-and-mental-health/>

## **Learning Disorders**

[http://www.helpguide.org/mental/learning\\_disabilities.htm](http://www.helpguide.org/mental/learning_disabilities.htm)

## **Childhood Trauma**

<http://www.cdc.gov/violenceprevention/cestudy/>

<http://m.theatlantic.com/health/archive/2014/07/how-childhood-trauma-could-be-mistaken-for-adhd/373328/>

## **Technology, Teen Dating and Bullying**

<http://origin.library.constantcontact.com/download/get/file/1109340853952-147/243296.pdf>

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