# **Dress for Success**

## What to Wear to Dress for Success!

- Young men—button down shirt, tie and slacks or button down and khakis.
- Young women—Professional, well fitting slacks and a nice button down or a nice suit with jacket or a nice sweater with slacks.
- Hair and makeup natural and professional.
- Simple, understated jewelry.
- Appropriate length skirts for young women not too tight or too short!

## What (NOT) to wear!

- Baseball caps or any other type of hats
  - "Bling" type necklaces and jewelry
  - Dressing down or looking sloppy
- No iPod, phone or texting!! No ear buds!
  - Baggy clothes
  - Don't chew gum!
  - No spaghetti straps!
    - Avoid denim
    - No Sneakers!
  - No Low cut tops or short skirts.
    - No Tank tops
    - No Flip flops!
    - Avoid hoodies
    - Too much makeup!
  - Too much cologne/perfume!

## 10 Tips to Dress for Success

- 1. Iron your clothes!
- 2. Hair must be clean and not overdone—gentlemen should be cleanly shaven!
- 3. Avoid "bling-bling".
- 4. Accessorize but with good taste and items must compliment the outfit.
- 5. Avoid Sneakers and flip flops!
- 6. Fingernails should be trimmed—no black polish or chipped nails!
- 7. Color of clothing should be kept neutral—black, gray, white and navy are great!
- 8. Brush your teeth!
- 9. Take a shower before your interview!
- 10. Don't overwhelm with your aftershave or cologne.

### **Stuff Nobody Wants to Mention:**

- Cover your tattoos!
- Cover your piercings!
- Don't wear tight clothing!
- Don't wear uncomfortable clothes!
- Underwear should never be seen!

### Icing on the Cake:

- Maintain eye contact
- Don't lean back in your chair; don't appear uninterested.
- Shake hands at the beginning and end of the interview
- You can laugh with the person but no giggling!
- Always wear your SMILE!

Your dress sends a message about yourself, your attitude and it's those small details that help gain an impression.
Use your dress to your advantage by making the right first impression.