



Woodland Wolfpack Middle School Volleyball "If you want to be successful...You HAVE to put the work in!" Team Expectations

- Attend all classes, practices, and workouts. The only excuse for missing will be an extreme emergency. Please let coaches know ahead of time if you have scheduled doctor, dentist appointments, tutoring, etc. **Do Not** relay messages through another athlete.
- > 5 unexcused absences will result in your dismissal from the team.
- > Follow all school rules as well as you teacher rules. If you cannot behave in class and at school, we do not want you on the volleyball team.
- ➤ Be on time for everything. On times means five or ten minutes early. Be dressed and ready to go at 4:20 pm.
- > Show respect to your teachers, coaches, and teammates. We will not allow disrespectful action. We will be a classy team in everything we say and do. You will be representing our school and our community.
- > No horse playing or immature behavior will be tolerated.
- Maintain a neat and clean appearance everywhere we go. (No saggy pants, no mid-cut shirts)
- > Always ask permission before leaving the gym
- > Attendance will be taken daily.
- > Grades will be checked! If you are failing a class we will discuss tutoring options. Failing classes can interfere with your play time.
- > Keep your body in the best possible condition. Drink plenty of water daily and keep junk and fried foods to a minimal. Ice and stretch at home.
- > All fees must be paid in full to participate in events. All sponsors are welcome.



Parent Contract

- 1. Please be responsible for picking up your child on time: 6:00pm. (3 late pick ups will result in dismissal from the team).
- 2. No Coaching from the stands! Cheer as loud as you can!
- 3. When attending events, use good sportsmanship!
- 4. Please set up an appointment for any inquiries you may have that need to be discussed with the coach/athletic director 24 hrs. after event (not during or after events).
- 5. Please assist in making sure your child keeps up with his/her equipment that belongs to the school. (A replacement fee for lost or damaged equipment will apply).

By signing the contract I agree to honor the terms and conditions as they may apply.

| Parent Signature | Date |
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